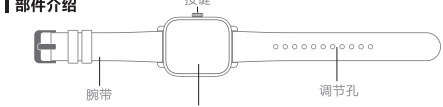


使用手册

Smart Watch

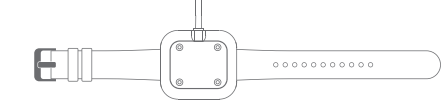
手环快速使用说明

I 部件介绍



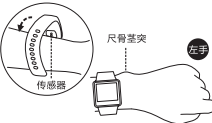
I 充电方法

初次使用, 请将手环取出, 用对应的充电器对设备进行充电。(充电方式如下图: 将手环放进充电器里面, 对准充电器两个触点, 即可进行充电。)



I 佩戴方法

- 手环以尺骨茎突后佩戴最佳;
- 根据调节孔调整好适合手腕的大小, 扣上腕带扣;
- 传感器要紧贴皮肤, 避免移动。



心率监测注意事项:

- 测试时, 手环背部心率LED灯会闪亮;
- 传感器要紧贴皮肤, 避免外部光线影响测试的准确度;
- 测试区域要保持清洁, 汗水或污渍都会影响测试结果。

I 开/关机

- 在手环关机状态下, 充电或按键长按3秒手环震动开机;
- 在手环开机状态下, 切换至关机界面或长按按键3秒, 弹出是否关机界面, 确认关机。

I 手环操作

- 手表在开机状态下, 抬手或拨动按键即可唤醒手表, 滑动切换界面。
 - 亮屏时长为10。
 - APP可设置“开启”或“关闭”抬手亮屏。
- 手环出厂默认打开24小时心率监测, 用户可在APP设备界面的通用设置中选择打开或关闭。

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安装手环APP

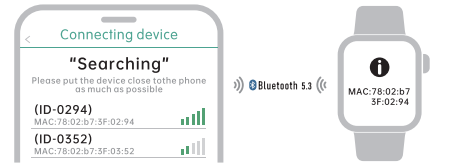
扫描以下二维码或进入各大应用市场下载并安装“GloryFit”设备要求: iOS 9.0及以上; Android 4.4及以上, 支持蓝牙5.3。



(APP)

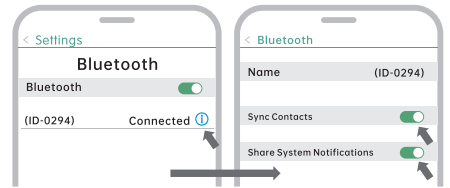
设备连接

打开APP, 点击“设备”-“添加设备”-“选择设备”, 点击对应的型号, 按提示进行连接(看下图操作)。



蓝牙连接: 配对成功后, APP自动保存手环蓝牙地址, APP打开或在后台运行, 都会自动搜索并连接手环。

数据同步: 在APP主页手动下拉同步数据; 手环可存储7天的离线数据, 数据量越多, 同步时间越长, 最长大约2分钟。



主要功能界面

I 主界面

主界面 手环有5个主界面, 在主界面长按两秒钟, 震动后即可左右切换表盘, APP配对连接好以后, 手环会同步手机的时间、日期和星期等信息, 测量表盘, 自定义表盘, 打开APP, 在连接手表状态下, 点击“设备”-“表盘设置”即可进入表盘中心选取或自定义表盘。

I 蓝牙通话

可以在手表直接拨打或者接听电话, 手表与手机会即时同步拨号, APP设置同步联系人。

I AI智能语音

手表与手机链接成功后手表可以直接进行智能语音对话或语音控制手机。

I 信息

主界面滑动, 可查看信息, 点击查看详细信息, 信息最下面可选择删除信息, 手表可保存APP最近推送的8条信息, 上滑翻页, 下滑到底返回主界面。

I 锻炼

单击进入运动界面, 共有100+项运动, 选择具体的运动项目, 单击三秒后开始监测, 左上角按钮或向右滑动暂停, 单击“结束”。

I 状态

切换到状态界面, 可查看当前的步数、距离和卡路里的状态, 路程和卡路里根据当前行走步数, APP个人设置的身高和体重计算并显示出来。

I 心率

切换到心率界面, 开始自动检测心率, 切换菜单可重新测量, APP可设置“开启”或“关闭”自动检测与最大心率提醒功能。

I 血压

切换到血压界面, 开始自动测量血压, 切换菜单可重新测量。

I 血氧

切换到血氧界面, 开始自动测量血氧, 切换菜单可重新测量, APP可设置“开启”或“关闭”自动检测功能, 时间段与周期设置。

I 睡眠

切换到睡眠界面, 可查看睡眠深睡、浅睡、清醒、眼动等状态。

I 天气

手表与手机APP链接绑定后自动同步天气信息到手表端, 切换到天气界面即可查看天气信息。

I 音乐

手表和手机在连接状态, 打开音乐控制, 按播放键即可播放音乐, 可暂停, 上一首歌曲, 下一首歌曲。

I 闹钟

手表最多可以支持设置三组闹钟, 可添加/删除。

I 呼吸

进入呼吸训练功能, 设置训练时间与速度, 跟随动画进行呼吸节奏训练。

I 生理周期

在女性用户登录的情况下此功能才会开启, 到APP里面点击进入“生理周期”-点击设备提醒开关, 设置好个人的生理周期状况, 即可在手环查看。

I 游戏

点击进入游戏功能, 内置1款趣味小游戏。

I SOS

APP端设置绑定紧急求助号码。

I 小工具

秒表, 计时器, 找手机, 手电筒, 遥控拍照, 计算器。

I 设置

设置项包括: 1.表盘和主题, 2.亮度调节, 3.声音和振动, 4.密码, 5.抬手亮屏, 6.勿扰模式, 7.语言设置, 8.二维码, 9.系统菜单, 10.关于。

注意事项

- 请避免手环遭受强烈撞击、极高温度和暴晒。
- 请勿自行拆卸、修理或改造本机。
- 本机使用5V500mA充电, 严禁使用超电压负电源进行充电。
- 本机使用环境为0-45度, 禁止将其扔进火中, 以免引起爆炸。
- 手环沾水时请用软布擦干后方可进行充电操作, 否则会导致充电接触点, 导致充电故障。
- 请勿接触汽油、清洁剂、丙酮、酒精或昆虫剂等化学物质。
- 请勿在高压电磁环境中使用本产品。
- 若您拥有敏感皮肤或对手环佩戴过紧, 可能会感到不适。
- 不宜佩戴手环洗热水澡。
- 请及时擦干手腕上的汗渍, 表带长时间接触皂类、汗水、过敏源或污染成分, 可能造成皮肤过敏痒。
- 如果经常使用, 建议每周清洁手环, 用湿布擦拭, 用温和的肥皂祛除油污或灰尘。
- 无特殊需求, 请勿开启更多推送。

常见问题

蓝牙连接不上怎么办? (连接/重连失败或连接重连速度很慢)

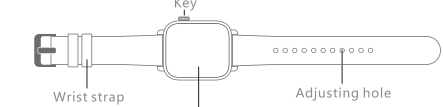
确认您的设备是否是iOS 9.0和安卓系统4.4及以上版本并支持蓝牙5.0。

User Manual

Smart Watch

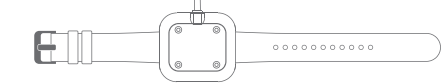
Instructions for quick use of the bracelet

I Component introduction



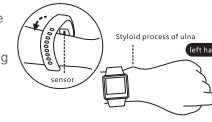
I Charging method

For the first time, please take out the bracelet and charge the device with the corresponding charger. (Charger The formula is as follows: put the bracelet into the charger and align it with the two contacts of the charger to charge Electricity.)



I Wearing method

- The bracelet is best worn behind the styloid process of the ulna;
- Adjust the size of the wrist according to the adjusting hole, Buckle the wrist strap;
- The sensor should be close to the skin to avoid moving。



Precautions for heart rate monitoring:

- During the test, the heart rate LED light on the back of the bracelet will flash;
- The sensor should be close to the skin to avoid external light affecting the accuracy of the test;
- Keep the test area clean. Sweat or dirt will affect the test results.

I On/Off

- When the bracelet is turned off, charge it or press the key for 3 seconds to start the device;
- When the bracelet is turned on, switch to the power off interface or long press the key for 3 seconds, and the Enter the shutdown interface and confirm the shutdown.

I Hand ring operation

- When the watch is turned on, raise your hand or press the button to wake up the watch Dynamic switching interface.
- The duration of the screen is 10.
- The 24 hour heart rate monitoring is turned on by default when the bracelet is delivered from the factory, and the user can use the APP

VERSION:01

Select Open or Close in the general settings of the interface. 4. APP can be set to "ON" or "OFF" to raise the hand to light the screen.

Install the bracelet APP

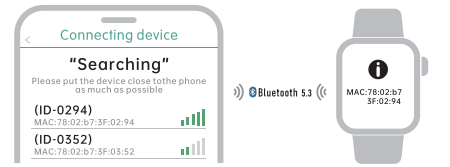
Scan the following QR code or enter each major application market to download and install "GloryFit". Equipment requirements: iOS 9.0 and above; Android 4.4 and above, compatible with Bluetooth5.3



(APP)

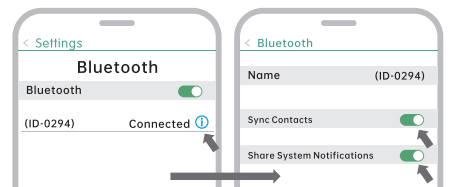
Device connection

Open the APP, click "Device" - "Add Device" - "Select Device", and click the corresponding type. And connect according to the prompts (see the following figure).



Bluetooth connection: After successful pairing, the APP will automatically save the Bluetooth address of the bracelet, and the APP will open or run in the background line, will automatically search and connect the bracelet.

Data synchronization: manually pull down the synchronization data on the APP homepage; The bracelet can store 7 days of offline data. The more data, the longer the synchronization time, up to about 2 minutes.



Main function interface

I main interface

Main interface: The bracelet has five main interfaces. Press and hold for two seconds on the main interface to switch the table from left to right after shaking.

After the disk and APP are paired and connected, the bracelet will synchronize the time, date, week and other information of the phone.

Massive dial/user-defined dial: open the APP, click "Device" - "Dial Settings" when the watch is connected, set "to enter the dial center to select or customize the dial.

I Bluetooth call

You can make or receive calls directly from the watch, and the watch and mobile phone will dial synchronously in real time. App settings sync contacts.

I AI intelligent voice

After the successful connection between the watch and the mobile phone, the watch can directly conduct intelligent voice conversation or voice control Machine.

I information

Slide up the main interface to view the information. Click to view the details. You can select to delete the letter at the bottom of the information.

The watch can save 8 pieces of information recently pushed by the APP, slide up the page, slide down to the end and return to the main interface nootles.

I physical exercise

Click to enter the sports interface. There are 100+sports in total. Select specific sports and click for three seconds to start monitoring. Press the upper corner button or slide to the right to pause, and click "Square Symbol" to end.

I status

Switch to the status interface to view the current steps, distance and calorie status. According to the current walking steps, the height and weight set by APP are calculated and displayed.

I heart rate

Switch to the heart rate interface to automatically detect the heart rate, and switch the menu to re measure it. APP can be set On or "Off" automatic detection and maximum heart rate reminder function.

I blood pressure

Switch to the blood pressure interface to automatically measure blood pressure, and switch the menu to re measure.

I Blood oxygen

Switch to the blood oxygen interface to automatically measure the blood oxygen, and switch the menu to re measure. APP can be set On or "Off" automatic detection function, time period and cycle settings.

I sleep

Switch to the sleep interface to view deep sleep, light sleep, awake, eye movement and other states.

I weather

After the watch is linked to the mobile phone APP, the weather information is automatically synchronized to the watch. Switch to the weather interface to view the weather information.

I music

When the watch and mobile phone are connected, turn on the music control and press the play key to play music Stop, the last song, the next song.

I alarm clock

The watch can support up to three groups of alarm clocks, which can be added/deleted.

I breathing

Enter the breathing training function, set the training time and speed, and follow the animation for breathing rhythm training.

I menstrual cycle

This function can only be enabled when female users log in. Click in the APP to enter the "Menstrual Week" Period - click the device reminder switch, set the personal physiological cycle status, and then check on the bracelet Look.

I game

Click to enter the game function, and a fun game is built in.

I SOS

Set and bind the emergency call number on the APP side.

I Widgets

Stopwatch, timer, mobile phone, flashlight, remote control camera, calculator.

I set up

Setting items include: 1. Dial and theme, 2. Brightness adjustment, 3. Sound and vibration, 4. Password, 5. Hands up on screen, 6. Do not disturb mode, 7. language settings, 8. QR code, 9. System menu, 10. About.

Matters needing attention

- Please avoid strong impact, extreme high temperature and exposure to the sun.
- Do not disassemble, repair or modify the machine by yourself.
- The machine is charged with 5V500mA, and it is strictly prohibited to use overvoltage load power supply for charging.
- The operating environment of this machine is 0-45 degrees. It is forbidden to throw it into fire to avoid explosion.
- Please wipe the bracelet dry with a soft cloth before charging, otherwise it will corrode the charging contact Point, leading to charging failure.
- Do not touch gasoline, cleaning solvent, propanol, alcohol, insect repellent and other chemicals.
- Do not use this product in high voltage and high magnetic environment.

1. 由于蓝牙无线连接存在信号干扰的问题, 可能每次连接的时间过长, 如果长时间连接不上, 请确保操作在无磁场或无多蓝牙设备干扰环境下进行

2. 关闭蓝牙再打开

3. 关闭手机后台应用或重启手机

4. 手机不要同时连接其他蓝牙设备或功能。

5. APP是否在后台正常运行, 如果不在后台可能连接不上, 无法搜索到手环?

1. 因为手环蓝牙没有被手机搜索到, 请确保手环处于有电, 并激活状态, 且未与其它手机绑定, 然后将手环靠近手机, 如果仍然无效, 请关闭手机蓝牙, 20秒后再重启手机蓝牙。

2. 请确认手机打开GPS。

- 测量心率时为什么手环会报错? 手环采用光反射原理, 通过光穿透皮肤后, 采集反射到传感器的信号来计算您的心率, 如果佩戴不紧, 会有环境光进入传感器, 会影响测量精度。

- 已开启提醒功能为什么没有收到提醒? 安卓手机: 确认手机与手环是连接的, 连上后在手机设置里打开对应的权限, 允许 "GloryFit" APP访问来电、短信、通讯录, 并保持 "GloryFit" 在后台运行; 如果手机安装有安全软件, 请将 "GloryFit" 添加为信任。

- 苹果手机: 若连上后没有提醒, 建议重启手机重新连接, 再次连接手环时, 必须等手机弹出【蓝牙配对请求】, 点击【配对】后才会有提醒。

- 手表是否防水? 支持IP67防水防尘等级 (通常情况下洗手、下雨、洗车可随心佩戴。)

- 蓝牙连接是否需要一直开启? 断开后是否还有数据? 表带数据删除, 数据保留在手环主机上 (可保留七天数据), 当手机和手环的蓝牙连接成功时, 手环数据会自动上传到手机端, 请及时同步数据到手机端。

- 注意: 如果开启来电、短信提醒功能, 则必须保持蓝牙处于连接状态, 闹钟提醒支持离线。

software installed, please add "GloryFit" as a trust.

Apple mobile phone: If there is no reminder after connecting, it is recommended to restart the phone to reconnect and reconnect the bracelet (When the phone pops up [Bluetooth pairing request], click [pairing] to be reminded.)

Is the bracelet waterproof?

Support IP67 dustproof level (you can wear it when you wash your hands, rain or car under normal circumstances).

Does the Bluetooth connection need to be always on? Is there any data after disconnection?

Before data synchronization, the data is retained on the bracelet host (data can be retained for seven days). When mobile phone and hand

When the Bluetooth connection of the ring is successful, the bracelet data will be automatically uploaded to the mobile phone. Please synchronize the data to the mobile phone in time.

Note: If you enable the call and SMS reminder functions, you must keep Bluetooth connected.

Click reminder supports offline.

Common problem

What if the Bluetooth connection is not available?

(Connection/reconnection failure or slow connection reconnection speed) Confirm whether your device is iOS 9.0 and Android 4.4 or above and supports Bluetooth 5.0.

1. Due to the problem of signal interference in Bluetooth wireless connection, it may take a long time to connect each time, such as

If the connection fails for a long time, please ensure that the operation is carried out in an environment without magnetic field or interference from multiple Bluetooth devices

2. Turn off Bluetooth and turn it on again

3. Close the background application or restart the phone

4. Do not connect the mobile phone to other Bluetooth devices or functions of the same time.

5. Whether the APP runs normally in the background. If not, it may not be connected.

Can't find the bracelet?

1. Because the bracelet Bluetooth has not been found by the mobile phone, please make sure that the bracelet is powered, activated and not bound to other mobile phones, and then close the bracelet to the mobile phone. If it is still invalid, please turn off the mobile phone Bluetooth, restart the mobile phone Bluetooth in 20 seconds.

2. Please make sure your phone turns on GPS.

Why should I wear the bracelet tightly when measuring my heart rate? The bracelet uses the light reflection principle to collect the signal reflected to the sensor after the light source penetrates the skin

Calculate your heart rate. If you don't wear it tightly, ambient light will enter the sensor, which will affect the measurement accuracy

Degrees.

Why did you not receive a reminder when the reminder function was enabled?

Android phone: confirm that the phone is connected to the bracelet, and then open the corresponding right in the phone settings Limit, allow "GloryFit" APP to access incoming calls, SMS messages and contacts, and keep "GloryFit" in Background operation, if your phone has security