

## **User Manual**

### **Xpreen**

### **Professional Light Teeth Whitening Kit**

### **XPRE067**

Dear customer, thanks for purchasing Xpreen Professional Light Teeth Whitening Kit. This detailed user manual will help you get to know the product and its usage better. Please read the user manual carefully before use and keep it for future reference.

### **Product Features**

1. The device adopts cold-light teeth whitening technology, which uses high-intensity blue light between 480-520nm, conducted by optical fibers, to pass through two 30-layer coated special optical lenses, and then subject the blue light to special optical processing to separate harmful UV light and infrared rays. Cold-light teeth whitening is a new popular teeth whitening technology around the world. The cold-light of low temperature causes no irritation to dental nerves during the whitening process. It can not only remove stains on the teeth surface, but also whiten teeth from the deep part in a safe and effective way. It's clinically proven to whiten teeth 5-14 Vita shades, more effective than other similar products and common home-use teeth trays.

2. In order to achieve better teeth whitening effect, the teeth whitening kit is equipped with newly developed teeth whitening gel. Reactive oxygen nondestructive formula was used to make the gel mild and stable, which causes no soreness or irritation to gums and does no harm to teeth structure or enamel. It's totally safe to use. Under the cold blue light, oxidation-reduction quickly takes place on the teeth surface and active ingredients penetrate into dentinal tubules to remove variety kinds of stains on and inside the teeth.

3. The teeth whitening kit is equipped with a powerful cold light controller and ergonomically designed teeth tray. The cold-light energy is precisely controlled by built-in exclusive cold-light chip and LED constant current output voltage. 2000mAh Li-ion battery allows long time running and advanced type-c port makes charging more convenient. The teeth tray is made of food-grade silicone, soft and comfortable, safe and waterproof.

### **Product Overview**（标黄部分字体可以大些以区分不同部件）

#### **Cold-light Controller**

#### **Output Port/Charging Port**

LCD Screen

Multifunction Button (1. Power On/Off; 2. Start Working; 3. Pause/Continue)

Mode Button

Cold-light Teeth Tray

Type-c Connector

Teeth Whitening Gel

Teeth Tray Case

### **Precautions**

1. The teeth are easily to be stained within 24 hours after the whitening process. Please avoid eating deep colored food, drinking tea/coffee/cola/red wine/berry drinks, using colored toothpaste/mouthwash, or smoking.
2. Porcelain teeth are not suitable for cold-light teeth whitening because this teeth whitening method doesn't work on porcelain crown or filling.
3. Severe tetracycline teeth, dental fluorosis, or severe discolored teeth caused by other reasons are not suitable for cold-light teeth whitening.
4. Do not swallow the teeth whitening gel. Avoid direct contact with children.
5. Pregnant women, people under the age of 16 and people with severe periodontal diseases are not suitable for cold-light whitening.

### **Application Range**

1. Yellow/black/gray teeth caused by smoking, drinking tea/coffee/red wine, eating nut and other food;
2. Age-related yellow/black/gray teeth;
3. Yellow/black/gray teeth caused by mild and moderate tetracycline teeth, dental fluorosis, etc.
4. People who want to have whiter and brighter teeth.
5. Different people have different teeth, so the whitening effect will be different, too. This is normal.

### **Non-Application Range**

1. Artificial teeth such as porcelain teeth and dentures;
2. Discolored teeth caused by diseases or drugs;
3. Yellow/black/gray teeth caused by severe tetracycline teeth, dental fluorosis, and decayed teeth;
4. Incomplete enamel, dentin exposure, loose teeth and incomplete teeth;
5. People with severe allergies, pregnant women and children.

## **Tips**

### **Tetracycline Teeth**

During the growth of teeth, people, especially children under the age of 8 and pregnant women, are easily to have teeth colored when taking tetracyclines (such as tetracycline, oxytetracycline, doxycycline, etc.), which is called tetracycline stained teeth. This is because tetracyclines will bind to calcium ions in dental tissues and stable tetracycline calcium salts form. The discoloration will gradually get worse with age and tend to be stable after 18 or so.

### **Dental Fluorosis**

Dental fluorosis is mainly caused by excessive fluoride in drinking water. People with mild symptom have opaque and chalky teeth; People with moderate symptom have yellow or brown-yellow spots on the teeth surface; People with severe symptom have incomplete enamel along with discoloration.

### **Pigmentation**

Pigmented teeth are ideal for cold-light teeth whitening treating. If people smoke, drink tea/coffee or eat food with soy sauce for a long term while keeping a bad teeth cleaning habit, the pigments in these things will gradually deposit and penetrate into the deep part of their teeth, thus make teeth surface yellow and black. Like ordinary washing cannot make clothes as white as before after long time dyeing, ordinary teeth whitening method cannot make stained teeth as white as before, too.

## **Charging Methods**

1. Connect the cold-light controller with an adaptor (not included) via the type-c charging cable.
2. Plug into the power supply. The LCD screen will light up and the battery symbol will scroll during charging.
3. The solid battery symbol represents the charging is finished, which usually takes about 3.5 hours.

Note -- The battery may be exhausted after long-distant transport. Please fully charge the controller before first time use.

## **Application Methods**

1. Brush and rinse; make your oral clean and teeth dry.
2. Open the teeth tray case and take the cold-light teeth whitening tray out. Then insert the type-c port into the cold-light controller.
3. Unscrew the lid of the teeth whitening gel. Do not discard the lid for future use. Rotate the bottom of whitening gel clockwise until the gel overflows into the brush holder.

4. Paint the whitening gel on your teeth back and forth. Avoid direct contact with gum. You can paint more gel on ugly teeth.

5. The instructions of the cold-light controller

a. Press and hold the multifunction button (MFB) for 2 seconds to turn it on. (Turn it c by the same way.)

b. The default mode is the 30-minute mode. And the mode will be shown on the LCD screen. Short press the mode button to select certian mode.

Note -- There 4 modes: 5 minutes, 10 minutes, 15 minutes and 30 minutes.

c. Press the MFB to begin your teeth whitening process.

Note -- During the process, you can press the MFB to pause at any time and press it again to continue.

6. Place the teeth tray in your mouth and bite down gently. Then turn on the controller and choose desired mode. And the teeth whitening process begins.

Note -- It's recommended to put the teeth tray in your mouth before turning on the controller in order to avoid discomfort to eyes caused by sudden light.

Note -- It's recommended to lie on the side or lie down to prevent saliva from overflowing during the whitening process. It's safe to swallow saliva during the whitening process, and by doing this, the whitening gel won't be diluted so the whiten result won't be affected. It's recommended to watch videos or TV programs to distract your attention. Thus, you will find the whitening process more pleasant and faster.

7. There is a built-in memory chip in the cold-light controller, and it memorizes you la choice each time use, so you don't have to choose modes again if there is no need. To save energy, the controller will turn off automatically while there's no operation more than 10 minutes.

8. The cold-light controller is equipped with a 2000mAh battery to support long runtir. The battery symbol on the LCD screen will flash when the battery is low. Please charg in time. The battery symbol will scroll during charging.

Note -- It's recommended to protect the battery by charging the device every other mo if it is not in use for a long time.

9. When time's up, the controller will stop work automatically and the cold-light beads will go out automatically. Then take the teeth tray out of your mouth and clean your teeth by brushing or gargling. Remember to clean the teeth tray and put it back to its case.

10. It's recommended to choose the 5-minute mode for the first time use and select other modes gradually. Besides, it's recommended to use the device for about 30 minutes each time for better teeth whitening effect.

Note -- Different people have different oral conditions. It's normal that some people produce a lot of saliva during the whitening process. It's recommended to pause for a while, spit out saliva, and then continue the process.

11. Please use up the whitening gel in three months once it's unsealed. Please rinse and dry the bristles after each use. Wash with clean water if your skin or clothes get contact with the whitening gel accidentally. Keep the product out of reach of children.

12. It's recommended to use the teeth whitening kit for consecutive 7-10 days and 15-20 minutes each time. It's best to use before bed.

13. Different people have different oral conditions. If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult a dentist.

### **Whitening Effect**

The whitening effects may vary based on different teeth conditions. The teeth will be whitened 10 shades after using for consecutive 5-8 days.

### **Specifications**

Model: XPRE067

Name: Professional Light Teeth Whitening Kit

Output: 5V

Input: 5V

Working Current: 240mA

Battery Capacity: 2000mAh

Material (Cold-light Teeth Tray): Food-grade Silicone

Ingredients (Teeth Whitening Gel): Hydrogen Peroxide, Carbomer, Menthol, ETDA, Glycerin, Sodium Hydroxide.

### **Package Contents**

1 \* Cold-light Teeth Tray

2 \* Teeth Whitening Gel

1 \* Teeth Tray Case

1 \* Type-c Charging Cable

1 \* Color Card

1 \* User Manual

## FAQ

1. What kind of dental problem does cold-light teeth whitening work on?

Cold-light teeth whitening especially works on tobacco-stained teeth, tea-stained teeth, dental fluorosis and yellow teeth.

2. How long will it take to see the whitening effect?

Generally, the whitening effect can be seen in 5 days if correct instructions are followed. And for darker colored teeth, obvious whitening effect can be seen after 10-day use.

3. How long will the whitening effect maintain?

The actual time may vary depending on different eating habits and teeth structures. The whitening effect will maintain 1-2 years on average.

4. Is the cold-light teeth whitening kit safe? Will it damage my teeth?

Cold-light teeth whitening is a safe and fast teeth whitening technology. Low temperature cold-light does no irritation to dental nerves. Under the cold blue light, oxidation-reduction quickly takes place on the teeth surface and active ingredients penetrate dentinal tubules to remove variety kinds of stains on and inside the teeth. Faster and more effective. No irritation and no side effect. Safe for gums and enamel.

5. Who is not suitable for cold light teeth whitening?

Dead teeth is not suitable for cold light teeth whitening cause it will fade quickly after whitening;

Cold-light teeth whitening doesn't work on porcelain crown or filling;

Severe tetracycline teeth, dental fluorosis, or severe discolored teeth caused by other reasons are not suitable for cold-light teeth whitening.

Pregnant women, children under the age of 16 years and people with severe periodontal diseases are not suitable for cold-light whitening.

6. How to maintain the cold light teeth whitening device?

The device needs no special maintenance. Just wipe the cold-light teeth tray with alcohol (75%) or warm water after each use and then put it back to its case. Keep it in a cool, dry place and avoid direct sunlight.

## 正面

品牌：Xpreen

产品名称：专业冷光牙齿美白套装

产品型号：XPER067

## 背面

### Xpreen专业冷光牙齿美白套装

冷光美白是一项正流行于世界的最新牙齿美白技术，搭配独家配方的美白凝胶，不仅可以去除牙齿表面的色素沉积，同时可进入牙齿深层达到脱色的效果，并且安全有效。根据临床实验表明，使用冷光牙齿美白技术，牙齿美白效果可提高5—14个vita色阶。

定期使用Xpreen专业冷光牙齿美白套装会为您带来更闪亮更迷人的笑容！

## 特点

冷光牙齿美白技术

对牙神经无刺激

更安全更有效

人体工程学设计牙托

食品级硅胶材料

佩戴舒适，安全防水

Type-C接口，更方便

独家冷光控制器

2000毫安大容量电池

## 警告

如果牙龈或口部有刺激现象发生（如发红，发肿或酸痛），停止使用并咨询牙医。

本产品不适合孕妇及16岁以下人士使用。

避免凝胶直接接触牙龈。

避免本产品直接接触眼睛。

放在儿童接触不到的地方。

## 成分（美白凝胶）

过氧化氢，卡波姆，薄荷脑，ETDA，甘油，氢氧化钠

## 材料

食品级硅胶

## 内含物品

冷光牙托一副

美白凝胶两支

牙托收纳盒一个

对比色卡一张

充电线一条

说明书一份

## 侧边

### 小亮点

冷光技术

无刺激

安全有效

Type-C接口

2000毫安电池

防水

人体工程学设计

食品级硅胶

### 使用方法

1. 刷牙并擦干牙齿。
2. 将牙托连接到控制器。
3. 在牙齿上涂美白凝胶。
4. 将牙托放入口中并开机。
5. 选择合适时间并享受美白过程。
6. 用完后，清洗牙托，刷牙。



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### **Xpreen Professional Light Teeth Whitening Kit**

Cold-light teeth whitening is a new popular teeth whitening technology around the world. With the special teeth whitening gel, this teeth whitening kit can not only remove stains on the teeth surface, but also decolorize the deep part of teeth in a safe and effective way. It's clinically proven to whiten teeth 5-14 Vita shades.

Regularly using Xpreen Professional Light Teeth Whitening Kit will bring you brighter and more beautiful smiles all the time!

### **Features**

Cold-light Teeth Whitening Tech  
No irritation to Teeth Nerve  
Safer and More Effective  
Ergonomically Designed Teeth Tray  
Food-Grade Silicone Teeth Tray  
Comfortable and Waterproof  
Convenient Type-C Interface  
Exclusive Cold-light Controller  
2000mAh High Capacity Battery

### **Warnings**

If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult a dentist.

The product is not suitable for the use of pregnant women and children under the age of 16.

Avoid direct contact of teeth whitening gel with the gums.

Avoid contact of the product with the eye.

Keep the kit out of reach of children.

### **Ingredients (The Teeth Whitening Gel)**

Hydrogen Peroxide, Carbomer, Menthol, ETDA, Glycerin, Sodium Hydroxide.

### **Material (The Teeth Tray)**

Food-grade silicone

### **Package Contents**

1 \* Cold-light Teeth Tray  
2 \* Teeth Whitening Gel  
1 \* Teeth Tray Case  
1 \* Color Card  
1 \* Type-c Charging Cable  
1 \* User Manual

## **Spotlights**

Cold-light Tech

No Irritation

Safe & Effective

Type-C Port

2000mAh Battery

Waterproof

Ergonomic Design

Food-grade Silicone

## **How to Use**

1. Brush and dry your teeth.
2. Connect the teeth tray with the controller.
3. Paint the teeth whitening gel on your teeth.
4. Put the teeth tray into mouth and turn the device on.
5. Select desired time and enjoy the process.
6. After use, clean the teeth tray and brush your teeth.