

尺寸：60*80mm

WK DESIGN



Smart Watches
WH-10

Instruction manual

Thank you for choosing our smartwatch. You can learn all about how to use the device by reading this manual. This device mainly connects to your mobile phone via Bluetooth and provides a variety of practical functions and services to facilitate your operation of your phone. The company reserves the right to modify the contents of this manual without prior notice. This product is not a medical device. The health data and advice provided are for reference only and should not be used as a basis for diagnosis and treatment.

- Charging reminder**
Please use the standard charger provided by our company to charge your device; we will not be responsible for any malfunctions caused by using a non-standard charger.
- Product Overview**

Display screen

Shortcut key

Rotary encoder

Power button



- Touch operation**

Underline: Application bar

Swipe left: Quick Components Interface



Swipe right: Quick functions

Swipe up: Message

- Watch connects to phone**
Download and install the "Fere Fit" app on your phone. 1.IOS/Android phone users Scan the QR code below using your mobile browser or WeChat to open the interface. Select Android/iOS and then open the download in your mobile browser.

The QR code below is for downloading the Fere Fit app.



Android/iOS

Fere Fit" on Tencent App Store, Google Play, and other app stores. For

- What should I do if I don't receive notifications?**
Firstly, the watch's notification function only synchronizes with the phone's notification function, such as incoming calls, emails, QQ, and WeChat notifications. If your phone does not receive a notification, the watch will not receive it either. You need to go to your phone's settings - notification function, find the corresponding app, and enable notifications.
- Function Introduction**
- Encoder:** The standby screen's rotary button can switch dials, and the dials can be swiped up and down in the secondary menu; the starry sky style menu can be zoomed in and out, and when the screen is zoomed in to its maximum, you can enter the application in the middle of the screen.
- Location information :** After the APP connects to Bluetooth 5.3 and grants the phone location permission, the watch can display the current location information.
- Menu style: You can choose** different menu styles according to your own preferences .
- Music:** Allows you to control the playback of music on your phone.
- Alarm clock :** You can also set up to 3 alarm clocks on the watch.
- Messages:** View push notifications on your mobile device, supporting Facebook, Twitter, WhatsApp, QQ, WeChat, etc.
- Calendar :** View the calendar for the current month .
- Display settings :** You can adjust the screen brightness, screen-on time, etc.
- Weather:** The weather page displays the current weather, air quality information, and weather conditions for the next three days.
- Activity data :** You can view your total steps for the day, historical steps, calorie consumption, and walking distance.
- Telephone :** Connecting to the call and syncing contacts allows you to view contacts, dial numbers, call logs, and more from the app.
- Women's health features:** Menstrual ovulation safe period reminder function.

- QR code for receiving payments :** You can set up a QR code for receiving payments via WeChat, Alipay, PayPal, etc. through the app.
- Taking photos:** After connecting to a mobile phone, the watch can be used as a remote control for the phone's camera.
- Heart Rate:** Click on the heart rate interface to measure your current heart rate.
- Sports :** such as running, walking, mountain climbing, yoga , basketball, football, badminton, baseball, table tennis, volleyball, cycling , rope skipping and many other sports .
- Blood Oxygen:** Click on the blood oxygen interface to measure your current blood oxygen level.
- Business Card Holder :** You can set up QR code business cards for WeChat, QQ, WhatsApp, Twitter, Facebook, etc. via the APP .
- Do Not Disturb :** You can set a timed Do Not Disturb option or set it to 24/7.
- Find My Phone:** Connect via Bluetooth, tap Find My Phone on your watch, and the phone will ring until you cancel the call.
- Exercise Records :** View your exercise records .
- Sleep:** The watch can record and display the total sleep duration for the night, as well as the duration of deep sleep and light sleep.
- Blood pressure:** Click on the blood pressure interface to measure your current blood pressure value.
- Calculator:** Enter to perform simple calculations.
- Stopwatch:** Turning on this function allows for single or multiple timing.
- Games:** The game list includes a casual bird game.
- Voice assistant :** After connecting via Bluetooth 3.0/5.3 , you can start chatting by clicking the voice assistant on the watch .

正面

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使用说明书

感谢您选择本公司智能手表。您可以通过阅读本手册，全面了解设备的使用。此设备主要通过蓝牙连接手机进行适配使用，提供了多种实用的功能和服务，以方便您对手机进行操作。本公司保留在不作任何预先通知的情况下对本手册中内容作修改的权利，恕不另行通知。本产品非医疗器械设备，所提供的健康数据和建议仅供参考，不作为诊断和治疗依据。

- 充电提示**
请使用我司提供的标配充电器充电；使用非标配充电器充电所造成的一切故障，我司不负责售后。
- 产品概览**

显示屏

快捷键

旋转编码器

开关机键



- 触控操作**

下划：应用栏

左划：快捷组件界面



右划：快捷功能

上划：消息

- 手表与手机连接**
下载 APP “FereFit” 到手机上并安装 1、IOS/Andriod 手机用户 通过手机浏览器扫描下面二维码，或用微信扫一扫，打开界面后，选择界面中的 Android/iOS，在使用手机浏览器打开下载。

下图二维码为 FereFit APP 下载



Android/iOS

- 2、安卓手机上应用宝、Google Play、及各个手机应用商店搜索“FereFit”下载，苹果手机可上 App Store 搜索“FereFit”下载。

下载完成后，安装过程中会有各种权限提醒，全部点击同意，手表跟手机要连个蓝牙：3.0 跟 5.3 才能实现所有的功能。

- 蓝牙 5.3 连接方法**
安装完成后，打开“FereFit”并打开手机蓝牙，FereFit 会有启用通知提示，点确定。点右下角更多，进入扫描设备，搜索蓝牙地址并点连接就可以了，部分安卓手机需打开手机 GPS 才能搜到手表蓝牙名称。
- 蓝牙 3.0 连接方法**
1、打开手机 3.0 蓝牙 2、打开手机蓝牙，点击所需要连接的手表蓝牙名称- 根据提示连接蓝牙设备，手机上显示“已连接”即可。
- 如何鉴定蓝牙连接成功**
待机界面手表上拉状态栏，手表 3.0 跟 5.3 蓝牙为蓝色+绿色时，则说明蓝牙连接成功，当蓝牙标志颜色置灰时，则说明蓝牙未连接。
- 常见问题简易处理方法**
由于各个手机品牌的蓝牙协议没有统一性，有时会出现手机跟手表蓝牙连接不稳定的情况，可将手机蓝牙关闭了再重新连接一次，或将手表恢复出厂设置。
- 如何设置来信通知**
手机进入设置- 应用管理，找到“FereFit”- 权限管理，全部打开。再进入通知管理 - 找到“FereFit”所有权限打开。

- 收不到通知怎么办？**
首先手表的通知功能只是同步手机通知功能，如来电来信，QQ 微信来信提醒，如果你的手机没有收到通知，那手表端也是收不到的，要在手机设置-通知功能，找到对应的 APP，把允许通知打开。
- 功能介绍**
- 编码器：**待机界面旋转按钮可切换表盘，在二级菜单中可上下滑动：满天星风格菜单可放大和缩小，界面放到最大后可进入该界面中间的应用。
- 位置信息：**APP 连接蓝牙 5.3 后，启动手机定位权限，手表就可以显示当前位置信息。
- 菜单风格：**可根据自己喜好选择不同菜单风格。
- 音乐：**可控制播放手机中的音乐。
- 闹钟：**手表端也可以设置 3 个闹钟闹钟。
- 信息：**查看手机端推送的消息，支持 facebook、twitter、whatsapp、qq、微信等。
- 日历：**可查看当月日历。
- 天气：**天气页面显示当前的天气、空气质量信息，以及未来三天的天气状况。
- 活动数据：**可查看当天全天步数、历史步数，卡路里消耗和行走距离。
- 电话：**连接 APP 同步联系人可以从 APP 端查看联系人、拨号、通话记录等。
- 女性健康功能：**月经排卵安全期提醒功能。

- 收款码：**可通过 APP 设置微信，支付宝，PayPal 等的收款码。
- 拍照：**连接手机后，手表可以作为手机相机遥控器。
- 心率：**点击心率界面，可测量当时心率值。
- 运动：**如跑步、健走、登山、瑜伽、篮球、足球、羽毛球、棒球、乒乓球、排球、骑行、跳绳等多种运动。
- 血氧：**点击血氧界面，可测量当时血氧值。
- 名片夹：**可通过 APP 设置微信、QQ、WhatsApp、Twitter、Facebook 等二维码名片。
- 勿扰：**可设置定时勿扰，或则全天勿扰。
- 查找手机：**连接蓝牙，手表点击查找手机，手机铃声将会响起直至取消为止。
- 运动记录：**可查看已运动过的记录数据。
- 睡眠：**手表可记录并显示当天夜晚睡眠总时长以及深睡眠、浅睡眠的时长。
- 血压：**点击血压界面，可测量当时血压值。
- 计算器：**进入可进行简易计算。
- 秒表：**打开此功能可进行单次、多次计时。
- 游戏：**游戏列表有小鸟休闲小游戏。
- 语音助手：**连接 3.0 /5.3 蓝牙后，手表端点击语音助手可进行聊天。

背面